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San Dimas Mexico Gold/Silver Exploration Update

FOR IMMEDIATE RELEASE

TSX.V: BOL

NR2009-03

VANCOUVER, BRITISH COLUMBIA (June 04, 2009) – BOLD Ventures Inc. (TSX.V: BOL) ("Bold" or the "Company") and Gary F. Zak reports, that the Company is pleased to report that it has started the exploration program on the recently announced Causas Gold and Silver Project located in the San Dimas District. The Causas project is located in the State of Durango in Mexico and is contiguous (southeast along strike) to the San Dimas Gold and Silver Mine Complex that is owned and operated by Goldcorp. The San Dimas gold – silver deposit is one of the most significant precious metal deposits in Mexico.

Geologic work has started off and on site. Off site, historical data is being collected and IP and satellite images of the project area are being evaluated. In the field, crews have started to map and collect channel samples of surface outcrops and structures. The large area, over 28,000 ha, is being worked systematically from the east side near the small town San Jose de Causas to the west, south and north. The goal of this Phase 1 program is to identify and evaluate gold and silver bearing veins that are extending from Goldcorp's world class San Dimas mine, directly adjacent in the north-west to the Causas claims.

The Causas project has never systematically been explored according to available records. The current exploration program underway will focus on 10 identified zones of interest, in one, an over 1,000m long structure has produced channel samples of 39.9 g/t Au and 1,135 g/t Ag over 1.2 m. A second sample on the same structure 1,000m away has also produced samples highlighted by 20.4 g/t Au and 861 g/t Ag over 1.6 m. The assays were carried out by SGS Durango in January 2008.

Phase 1 Exploration

Upon conclusion of the Phase 1 exploration program designed to collect 600 assays from channel samples and to form the basis for a NI 43-101 Technical Report, this Technical Report is expected to be concluded by September of 2009.

The Company previously announced and entered into an agreement Kingside Management to provide Investor Relations. The agreement was subsequently re-negotiated for a thirty day period for the month of May and therefore the stock option incentive will not apply. The Company is in discussions with Investor Relations organizations at this time.

Private Placement

The Company is pleased to announce that it placed the first tranche of \$100,000 dollars of the previously announced non-brokered private placement of up to 2,000,000 units (each unit consisting of one share and one full warrant) at a price of \$0.10 per unit. Each warrant will be exercisable into one share at 0.15 cents per share for a period one year after closing and 0.20 cents per share for the second year after closing. The funds raised pursuant to the offering will be used for the Causas Gold and Silver Project.

Qualified Person

This news release has been read and approved by John D. Jenks, P.Geo., a Qualified Person under NI 43-101 Technical Report.

About Bold Ventures

Bold Ventures is a Tier 2 natural resource company on the TSX Venture Exchange, trading symbol BOL, with 12,960,440 shares issued to date. The Company's main emphasis is on two Copper-Nickel exploration properties located in the McFaulds Lake "Ring of Fire" area of Northern Ontario. Bold has an option agreement with Noront Resources to acquire a 50% in the RING STAR NICKEL Project, and has earned a 50% interest in the WEST NICKEL project with Melkior Resources. Bold has signed a letter of intent with JK Gold Mexico of Durango to purchase a 50% interest in the Causas Project (over 28,000 ha of mineral claims) in the San Dimas District in the State of Durango, Mexico.

On behalf of the board of directors of Bold Ventures Inc.,

"Gary F. Zak"

Gary F. Zak, President and CEO

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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This press release contains certain "Forward-Looking Statements" within the meaning of Section 21E of the United States Security Exchange Act of 1934, and involves a number of risks and uncertainties. Important factors that could cause actual results to differ materially from the Company's expectations are disclosed in the Company's documents filed from time to time with the TSX Venture Exchange and the British Columbia Securities Commission. All statements, other than of historical fact, included herein are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.